



MARCH | 2018

Epworth Preschool & Daycare

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 B: Life Cereal, Oranges L: Smoked Sausage, Potatoes, & Green Beans, Bread & Butter, Pineapple S: Corn Tortilla Chips & Salsa	2 B: Whole Grain Toast, Applesauce L: Shredded Chicken Slider, Sugar Snap Peas & Ranch, Goldfish crackers, Bananas S: Snack Mix
5 B: Rice Chex cereal, Applesauce L: Chicken & Stuffing Bake, Mixed Vegetables, Mandarin Oranges S: Apples & Raisins	6 B: Whole Grain French Toast, Oranges L: Fish Nuggets, Rice, Broccoli & Cheese, Peaches S: Pretzels & Hummus	7 B: Whole Wheat English Muffins, Grapes, Yogurt L: Meatloaf, Mashed Potatoes, Green Beans, Applesauce S: Fruit & Yogurt Smoothie	8 B: White Whole Wheat Bagels, Apples L: Beef & Noodles, Peas, Pineapple S: Applesauce Sandwich	9 B: Oatmeal, Bananas L: Ham & Cheese Sandwich, Cucumbers & Ranch, Chex Mix, Oranges S: Cinnamon Goldfish
12 B: Cheerios, Bananas L: Sausage Patty Sandwich, Tater Tots, Corn, Applesauce S: Grapes & Yogurt	13 B: Whole Multi-Grain Pancakes, Apples L: Spaghetti w/ meat sauce, Garlic bread, Green Beans, Mandarin Oranges S: Banana Crunch	14 B: Whole Grain Cinnamon Muffins, Grapes L: Chicken Burritos, Mixed Vegetables, Apples S: Cheerios & Raisins	15 B: Whole Grain Toast, Applesauce L: Cheese Pizza, Tossed Salad, Cottage Cheese, Pineapple S: Ants on a Log	16 B: Life Cereal, Oranges L: Chicken Nuggets, Carrots & Ranch, Cheez-Its crackers, Grapes S: Chex Mix
19 B: Whole Grain French Toast, Oranges L: Chicken Alfredo, Broccoli, Pears S: Apples & String Cheese	20 B: White Whole Wheat Bagels, Apples L: Cheeseburger, French Fries, Mixed Vegetables, Mandarin Oranges S: Scooby Snacks	21 B: Rice Chex cereal, Applesauce L: Baked Ziti, Garlic Bread, Peas, Peaches S: Cucumbers & Ranch	22 B: Oatmeal, Bananas L: Chicken Noodle Soup, Ham Sandwich, Carrots, Applesauce S: Animal Crackers	23 B: Whole Wheat English Muffins, Grapes, Yogurt L: Turkey & Cheese Sandwich, Celery & Ranch, Pretzels, Apples S: Teddy Grahams
26 B: Whole Grain Cinnamon Muffins, Grapes L: Ham & Cheese Cracker Stackers, Carrots & Ranch, Mandarin Oranges S: Goldfish Crackers	27 B: Cheerios, Bananas L: Chicken Nuggets, Corn, Peaches S: Corn Tortilla Chips & Salsa	28 B: Whole Grain Toast, Applesauce L: Beef & Wagon Wheels, Mixed Vegetables, Pears S: Grapes	29 B: Life cereal, Oranges L: Smoked Sausage, Green Beans & Potatoes, Bread & Butter, Applesauce S: Cinnamon Goldfish	30 PS/DC CLOSED Good Friday

News

March 26-30: NO Preschool,
Spring Break
March 30: Daycare Closed,
Good Friday